

**W.A.B.B.A. Qualifications**

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WHY ARE WABBA INSTRUCTORS KNOWN AS THE BEST IN THE BUSINESS?

With Wage Bills soaring, you need the best value for money trained staff you can get.
Whatever the size of your Gymnasium or Fitness Centre.

1. **WABBA Instructors are Renowned for Dedication & Ability**
 2. Training Courses run at regional National Centre's of Excellence
 3. Professional Lecturers skilfully teach courses which are second to none.
- **Maximise Your Fitness Instructors Potential & Profitability**
 - **ENROL NOW - Let Your Instructors Be Taught By The Best**

If you need to know more - call us first

3 More Successful WABBA Fitness Instructor Training Courses



Qualify Your Fitness Instructor Team With The Most Successful AND Internationally Recognised Governing Body!

A Fully Structured & Progressional Awards System - Offering You World Governing Body Qualifications For The Health & Fitness Industry

THE WABBA AWARD STRUCTURE	
Fitness Industry Qualifications	Teacher Training Qualifications
<ul style="list-style-type: none"> ● Level 1 - Fitness Instructor - The No.1 Industry Benchmark Which Exceeds NVQ Level 3 ● Level 2/3 Senior Fitness Instructor Which Covers Fitness Assessments Flexibility / Nutrition / Advanced Training Strategies & Kinesiology ● Level 4 - The Certificate In Health 	<ul style="list-style-type: none"> ● Level 6 - WABBA Assessor Award ● Level 7 - WABBA Course Tutor ● Level 8 - WABBA Lecturer ● Level 9 - WABBA Officer ● Level 10 - Executive Officer And Teaching Panel Members ● Level 11 - Director of Training

- **Level 5 - The Diploma In Health Management - (DipHMan.) - The Ultimate Fitness Managers Qualification**

THE WABBA QUALIFICATION ROUTES	
FITNESS INSTRUCTOR QUALIFICATIONS	<ul style="list-style-type: none"> • Designed To Equip The Individual With All The Necessary Skills To Become A Leading Fitness Industry Professional
MANAGEMENT QUALIFICATIONS	<ul style="list-style-type: none"> • Designed With The Busy Fitness Industry Professional In Mind - To Provide Dissertation Based Awards Which Lead To The Prestigious Post Nominals Of Cert. Hman Or DipHman
CERTIFIED TRAINING WORKSHOPS	<ul style="list-style-type: none"> • Certificate In Fitness Assessments • Certificate In Flexibility Studies • Spin Cycle Instructor Certificate • Customer Care • Membership Sales & Retention • G.P. Referral's

W.A.B.B.A YEAR 2000 COURSE DATES

Month	Date	Course	Venue
February	21st - 27th	Fitness Instructor	Torquay
March	6 - 12th	Fitness Instructor	Basildon
March	18th - 19th	Flexibility Instructor	Torquay
March	20th - 26th	Fitness Instructor	Lincolnshire
April	3rd - 9th	Fitness Instructor	Darlington
April	10th - 14th	Senior Instructor Part 1	Torquay
April	15th	First Aid	Torquay
April	17th - 23rd	Fitness Instructor	Bristol
May	1st - 5th	Senior Instructor Part 1	Lincolnshire
May	6th	First Aid	Lincolnshire
May	15th - 19th	Senior Instructor Part 1	Shoeburyness
May	20th	First Aid	Shoeburyness
May/June	29th - June 2nd	Senior Instructor Part 2	Torquay
June	10th - 11th	Flexibility Instructor	Lincolnshire

June	12th - 18th	Fitness Instructor	Scotland
June	12th - 18th	Fitness Instructor	Shoeburyness
June	26th - 30th	Senior Instructor Part 2	Shoeburyness
July	3rd - 9th	Fitness Instructor	Darlington
July	10th - 14th	Senior Instructor Part 2	Darlington
July	24th - 30th	Fitness Instructor	Lincolnshire
August	7th - 13th	Fitness Instructor	London
September	4th - 10th	Fitness Instructor	Bristol
September	18th - 22nd	Senior Instructor Part 1	London
September	23rd	First Aid	London
October	2nd - 8th	Fitness Instructor	Shoeburyness
October	14th - 15th	Flexibility Instructor	London
October	16th - 22nd	Fitness Instructor	Scotland
October	16th - 22nd	Fitness Instructor	Darlington
November	6th - 12th	Fitness Instructor	Torquay
November	13th - 19th	Fitness Instructor	London
November	20th - 24th	Senior Instructor Part 2	London
November	27th - December 3rd	Fitness Instructor	Lincolnshire

JUST SOME OF THE MANY AWARD-WINNING W.A.B.B.A. COURSE BEING HELD IN Y2K!!

Natural Boost

Another Winning Sports Science Formula Managed By WABBA!



5 Of The WABBA "Team Natural Boost" Cycling Team

WABBA now manage the Sports Science Training and Nutritional Supplementation Plans for many professional athletes and sports players here in the UK.

Among these winning athletes who choose WABBA to make them better in their chosen sports are the following people:

Dean Macey	1999 World Championship Decathlon Silver Medalist
Dennis Dooley	Professional Middleweight Boxer
Craig Flannigan	Professional Footballer - Albion Rovers
Lee Ellison	Professional Footballer - Southport
Leigh Edlin	U-18 England & International Karate Champion
Claire Cogan	International Professional Squash Player
Danny Crates	World Ranked No.1 400m Runner (Amputee)
Clair Gibson	UK Ranked No.2 Cross-Training Competitor
Nick Wright	4th Dan Bushido-Kai Karate (National Squad Coach)
Steve Harris	Professional Studio-Cycle Master Trainer